

## Kindergarten Continuous Learning Plan

Directions: Select 1-2 options per day to complete

### Reading/Writing Activities for the Week

<p>Practice letter sounds quickly</p> <p>Write a sentence about your favorite animal</p>	<p>Practice rhyming words and beginning sounds</p> <p>Practice reading sight words</p> <p>Write your family member's names</p>	<p>Write a list with a family member of your favorite foods</p>
<p>Listen to a book</p> <p><a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p>	<p>Listen to a story read by another person. Stop at the beginning, middle, and end of the story asking the following questions...</p> <ul style="list-style-type: none"> <li>• Who is the story about?</li> <li>• What is happening in the story?</li> <li>• Where is the story taking place?</li> </ul>	<p>Practice writing first and last name.</p> <p>Practice writing lowercase letters from a-z</p> <p>Practice writing capital letters from A-Z.</p>
<p>Scholastic Learn at Home- Kindergarten</p> <p><a href="https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html">https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html</a></p>	<p>Say the first sound and last sound of your favorite toys</p> <p>Have a grown up put some sugar or flour on a cookie sheet and practice writing your sight words or words that rhyme.</p>	<p>Practice chopping the sounds on your arm in the words: cat, big, duck, log, fork</p> <p>Practice writing sight words</p>

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## Mathematics Activities for the Week

Open a cabinet drawer and count how many items are in it. Sort Snacks by size, shape, or color.	Activity: Play Hopscotch Outside (Kids can learn to count numbers from 1-10 while playing hopscotch)	Count how many times you can catch a ball without dropping it
Practicing counting from 1-100 everyday	Practice writing numbers 1-20	Describe the shapes of food while eating breakfast, lunch, or dinner
Practice using numbers by: counting objects (e.g. windows/doors) Drawing a picture to show how many Counting two different sets of objects and comparing the amounts	Practice counting by 10s to 100 everyday	Activity: Go on a Shape Hunt outside (look for different shapes in nature) Talk with your child about the different types of shapes you find

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## Science Activities for the Week

<p>Take a virtual field trip with your family.  <a href="https://kids.sandiegozoo.org/videos">https://kids.sandiegozoo.org/videos</a>            Learn about a new animal each day!!</p>	<p>Earth and Space            Watch the Story: Happy Birthday, Moon by Frank            Read the Book The Moon by Melanie Chrismer  <a href="#">What's In the Night Sky?</a>            Activity: Fill a Tray with sand or flour(Don't pack it down). I should be powdery like the Moon's surface. Gather some marbles or balls of different size and weight. Drop them on to your moon surface. What do you observe? So different balls/marbles make different craters? Does it make a difference if you drop the balls from a different height? Try predicting what will happen before you drop it.            Scholastic Book Flix login: username: Learning20            Password Clifford</p>	<p>Life Cycles-Animal Babies            Watch the Story- Is Your Mama a Llama? By Deborah Guarino            Read the Book: Animal Babies by Elaine Pascoe  <a href="#">Taking Care of Baby</a>            Activity: Stand in front of a mirror next to an adult or use photos. 1. What are some ways you are the same? 2. What are some ways you are different? 3. Draw a picture of you next to your adult.            Scholastic Book Flix login: username: Learning20            Password Clifford</p>
<p>Read the Book:            It Could Still Be a Flower by Allen Fowler            Watch the story: Planting a Rainbow by Louis  <a href="#">What are plants?</a>            Talk to your child about the plants that we eat. Look in your home for edible plants. For example carrots or onions, broccoli, lettuce, beans.            Scholastic Book Flix login: username: Learning20            Password Clifford</p>	<p>Read the books Morris's Disappearing Bag by Rosemary Wells            Read the Books Rabbits by Hollie Endres            Watch &amp; Learn Library from BookFlix Rabbit  <a href="#">Rabbit Roundup</a>            Activity: How Many Jumps?            Go to an open spot and have your child and you use masking tape to make a starting point and create a jumping station to jump like a rabbit.            Scholastic Book Flix login: username: Learning20            Password Clifford</p>	<p>Seasons-Spring            And Then It's Spring by Julie Fogliano            Read the Book: How Do You Know It's Spring? By Lisa M. Herrington  <a href="#">The Sounds of Spring</a>            Activity: Movement Song: Soil, Water, Air, and Light! To the Tune of "Head, Shoulders, Knees, and Toes."            Soil (point down)            Water( pour water)            Air (wiggle fingers in air)            And light (point up)            Air and light.            Repeat            These things make a plant grow right (crouch down and grow)            Repeat first verse</p>
<p>Go on an ABC science scavenger hunt to find objects and then sort the objects into groups and explain to your family your sorting thoughts!</p>	<p>Sensory Bag            Have a family member place a secret object in a bag. Use your senses to discover the secret object. Can you guess what it is? What does it smell like?</p>	<p>Houses for animals:            List a home for an animal or insect.            For example: Where does a spider live?            What would a house for a bee be?</p>

What does it feel like?

[A Habitat for a Home](#)

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### Social Studies Activities for the Week

Collect 18 objects and take a picture of them	Find 5 objects that start with different sounds and take a video telling what they are.	Watch this video and make your own doodle <a href="https://youtu.be/RmzjCPQv3y8">https://youtu.be/RmzjCPQv3y8</a>
Draw a hidden object treasure map of your house . Hide an object and see if your family can follow the map and find the treasure!	Using things from home; design and build a community. What does your community need? Take a picture to share your community with your class.	Design and color a flag that represents your house. What would some of your house rules be?
Make a list or draw as many different types of transportation. How many can you think of?	Make and decorate a couple of different paper airplanes. Which paper airplane flew the farthest? Which paper airplane can do a trick? Which paper airplane was the fastest?	Home Safety Rules: Practice and memorize your address and a parent phone number.

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## Technology Activities for the Week

<p>Learn to draw with Mo Willems <a href="https://youtu.be/RmziCPQv3y8">https://youtu.be/RmziCPQv3y8</a></p> <p>See if you can draw one of Mo Willems characters!</p>	<p>Take a picture of all of the environmental print labels you can find in your home.</p>	<p>Age of Learning (ABCmouse, Adventure Academy, ReadingIQ) <a href="https://www.ageoflearning.com/schools">https://www.ageoflearning.com/schools</a></p> <p>In order to get a free account use code: SCHOOL7771</p>
<p><a href="https://www.coolmathgames.com/">https://www.coolmathgames.com/</a> Play some cool math games</p>	<p><a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> Access to educational videos, mindfulness exercises, movement activities, and more! ALWAYS FREE.</p>	<p>Take a picture of all of the rectangles you can find in your home! Count how many pictures you took.</p>
<p>Find 7 objects and take a picture of them</p>	<p>Listen to a book <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p>	<p>Find all the letters in your name around your house and take a picture</p>

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## PE Activities for the Week

Complete the following workout: <a href="https://www.darebee.com/programs/full-circuit.html?showall=&amp;start=1">https://www.darebee.com/programs/full-circuit.html?showall=&amp;start=1</a>	Complete the following 15 minute workout: <a href="https://www.youtube.com/watch?v=L_A_HiHZxfI">https://www.youtube.com/watch?v=L_A_HiHZxfI</a>	Exercise to your favorite songs Make up your own dance.
Cosmic kids yoga on youtube	Frozen Yoga: <a href="https://www.youtube.com/watch?v=xlg052EKM">https://www.youtube.com/watch?v=xlg052EKM</a>	Review various body parts with a family member. Learn how to correctly wash your hands.
Take an adult on a nature walk/jog/run and play I spy with various things that you see	Put on your favorite song and complete the following for the entire song! -run in place -jumping jacks -hopping on right foot -hopping on left foot	Bounce, toss and dribble a ball. Play catch with a family member. Balance on one foot (count to 20) and then balance on the other foot (count to 20).

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## Art Activities for the Week

Get dressed and create a superhero costume. Draw your costume. Explain to your family members what kind of superhero you are!	Find an object to trace. How many different things can you make out of that one shape?	Lunch Doodles with author: Mo Williams <a href="https://www.kennedy-center.org/education/mo-willems/">https://www.kennedy-center.org/education/mo-willems/</a> Starts at noon
Make puppets using lunch bags or socks and art materials to create a story or retell a story such as the Three Little Pigs	Have an adult write your name in bubble letters, decorate it with crayons or other craft materials in your home	Using coins, leaves, other items, place under a paper and using a crayon without the wrapper, rub it over the item to see if the item shows up on the paper
Draw yourself, what is on your face? How are you feeling? What kinds of clothes are you wearing?	Read your favorite book and create drawings to illustrate the story.	Draw a map of the inside of your house. Make sure you include details - doorways, closets, hallways, sitting area, beds, sinks etc.... Color your map and label all the areas.

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## Music Activities for the Week

<p>Make up your own dance to your favorite song.</p>	<p>Be creative and inventive! Invent 5 new dance moves and give them a name.</p>	<p>With a guardian, sibling, or anyone around home, think of a fruit in your head. Try and tap/pat it out without saying what's in your head! Can they figure it out? Now try swapping! Which fruits are the easiest to hear? Which are more difficult?</p>
<p>If you have access to YouTube, sing along with these St. Patrick's Day songs: I'm a Little Leprechaun, G-R-E-E-N, Dance Dance Leprechaun Dance (all Kiboomer songs)</p>	<p>Create your own band using items from around your house.</p>	<p>Find two different objects that make the same sound like a drum. Find two objects that make two different sounds. Find two objects, one that makes a high sound and one that makes a low sound.</p>
<p>If you have access to YouTube, watch some Irish dancers on "Irish Dance World Championships 2017 - Fusion Fighters Performance".</p>	<p>Dance and Freeze Play music and dance along until the music stops: then freeze!</p>	<p>Go around the house and make a list of everything you hear. Try again tomorrow. Do you hear the same things?</p>