

Pre-Kindergarten Learning Plan

Directions: Select 1-2 options per day to complete

Reading/Writing Activities for the Week

<p>Go for a walk or drive with your child and look at familiar signs and logos. (Stop sign, McDonald's, Wal-Mart, etc.) Can your child "read" these signs?</p>	<p>Watch Jack Hartman "See It, Say It, Sign It" song for alphabet reinforcement. (6:30 minutes)</p>	<p>Generate rhyming words with your child. (cat, bat, hat, sat, fat, mat, etc.) You can even use nonsense words!</p>
<p>https://growingbookbybook.com/online-literacy-resources/ Preschool Read Alouds</p>	<p>Choose tools (paint/crayons/markers/pencils) to create a picture + story. Help label your child's picture (dictation).</p>	<p>Write your FIRST and LAST name and other letters. Different ideas - Rainbow write, use noodles, paint with watercolors, use shaving cream, salt or sugar in a tray.</p>
<p>Letter hunts around the house</p>	<p>Use child safe scissors to cut "junk mail" or scraps of papers. Take cut pieces and glue on (decorate)a template of your child's name (all fine motor strengthening and Letter identification)</p>	<p>Choose your favorite books and read: In a cozy spot, outside, in the car, on the phone to (insert friend or relative). Discuss WHO was in the story. Talk about WHERE it took place. Identify the AUTHOR and ILLUSTRATOR. Discuss parts of the book: front, back, cover page, title, etc.</p>

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Mathematics Activities for the Week

Count to 20 as you are doing a gross motor movement (i.e. jumping jacks, gallop, arm stretches).	Clap a pattern (clap, snap, clap, snap etc). Work on AB, AAB, ABB, ABC patterns.	Walk around the house and count how many windows are there. Count doors, chairs, beds, and televisions.
Use household items to make various types of patterns and sort with including socks, silver wear, and dishes.	Ziplock bag number game. Write a number on a bag and ask your child to put that many items inside.	Draw shapes and have your child copy them. Have them count the sides and the corners
Help your child count 20 objects by touching them one at a time.	Search around the house for something: longer than a pencil, shorter than your shoe, heavier than a book, and lighter than a pillow	Go on a shape/color hunt.

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Science Activities for the Week

Go for a nature walk, collect nature items, and make a collage.	Have your child point to and name various body parts (examples: thumb, fingernail, shoulder, chest, stomach, elbow, back, knee)	Build a fort using blankets and bed sheets.
Look outside and draw the current weather.	Sort household items such as laundry, pantry foods, and dishes.	Imitate animal sounds and movements.
Complete a sink and float experiment with household items.	Make playdough. 1 cup flour ¼ cup salt ¼ cup water 1 tsp. Vegetable Oil Mix it all together.	Make paper airplanes and take them outside to fly.

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Social Studies Activities for the Week

Take a neighborhood walk, draw a map of buildings you saw	Talk about community workers. What do they do for their job? What tools do they use?	Talk about yourself or your family. Draw a picture and tell a story about your family. Draw a self portrait.
Teach your child a chore or two. Ex: folding laundry, dust, vacuum, putting dishes away	Practice their last name, their birthday, their parents names, address, and phone number.	Pretend to play store or school. Make money with paper.
Go on a scavenger hunt for common household items (milk, toothbrush, shoes, toaster, toilet paper)	Go on a walk and look for community helpers. (mail carrier, construction worker, delivery driver)	Have your child sing their favorite song to you.

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Technology Activities for the Week

BookFlix Access: http://bookflix.scholastic.com Username: bookflix46 Password: blue Access Expires: 04/25/2020	www.starfall.com Practice your phonic skills with these read-along stories! Alphabet/Math	www.abcya.com Practice math and reading skills while playing fun games!
Storyline Online https://www.storylineonline.net/ Great Online Books read by celebrities. Can also be found on YouTube	www.gonoodle.com Educational movement experiences	Teach Your Monster to Read (app) Practice letters and beginning sight words.
https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html Scholastic Magazine online/home options Dive In!!!!	www.funbrain.com Variety of games based on grade level.	www.pbskids.org Collection of educational games and videos.

<https://www.hegerty.org/download-assessments-and-resources>

Hegerty Phonics lesson (choose the PK option)

Parents, please keep in mind: technology is used best in moderation. 10 minutes a day is the maximum recommended amount of screen time for young learners.

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PE Activities for the Week

Create an indoor obstacle course using tables (to go under), mats (to hop on or log roll), stuffed animal (throw into a basket)...etc	Yoga GoNoodle or Youtube for kids yoga video.	Call out movements and have your child complete it (ex. Hop on one foot, touch your toes, spin around, kick in the air)
Paper plate ice skating Turn on music and allow your child to use the paper plates as skates under their feet.	Move like an Animal: Call out names of animals and you and your child move around the house like that animal	Go on a family walk.
Play bounce and catch with a child using a ball.	Exercise and Count to 20- Jack Hartman Youtube.	Play hot potato with 3-4 people.

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Art Activities for the Week

With adults help, cut out shapes (Circle, square, triangle, rectangles) What can you make out of the shapes?	Make puppets using lunch bags or socks and art materials to create a story or retell a story such as the Three Little Pigs	Have an adult write your name in bubble letters, decorate it with crayons or other craft materials in your home
Draw your family, what is your family doing? Who is in your family?	Draw yourself, what is on your face? How are you feeling? What kinds of clothes are you wearing?	Make a 3-D collage using recycled materials from around the house.
Using coins, leaves, other items, place under a paper and using a crayon without the wrapper, rub it over the item to see if the item shows up on the paper	The weather is getting nicer. Draw and color flowers, bugs, animals and don't forget the background of the picture!	Make a paper plate mask and act out a story.

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Music Activities for the Week

Going on a bear hunt on Youtube	Sing songs (5 Little Monkeys, Wheels on the Bus, Twinkle Twinkle Little Star, Old McDonald)	Using any music, dance to it, stop the songs at random times and FREEZE! Start the music and dance
Make musical instruments out of household items (paper plates and beans, paper tube horn, pot and pan drums). Water Bottle Maracas-Use empty water bottles and any small hard objects(beads, safety pins, buttons, pennies, rocks) Put them inside, secure the lid and shake them up!	Look up The Learning Station songs on Youtube and dance along.	Move to the Beat with a Sheet- Use a sheet like a big parachute. Stand at opposite ends and hold the sheet tight. Turn on some music and raise, lower and shake the sheet to the music. Add stuffed animals or balls to bounce around on the sheet while you move it!
Have a dance party. Add Karaoke! Use the radio. Use any household item as a "microphone" and sing along with your favorite radio songs!	GoNoodle Jack Hartman Songs Learning Station songs	Use scarves, ribbons, socks, pillowcases(anything flowy) and use them to dance to music with.